

Norway

Land of Glacier-born Fjords and the Midnight Sun

June 16 - 24, 2019

4 Hours Graduate Level Credit Available

Day 1, June 16, 2019- Sunday - fly to Oslo - cost to be determined

Day 2 - June 17, 2019 -Monday- take the train in to Oslo from the airport. Check in to our hotel . Do a walking tour of Oslo with a stop at Domkirke (the Oslo Cathedral) where this Lutheran church where Norway celebrates and mourns its royal marriages and deaths. The crown prince is married to a commoner, an unwed mom. As you exit the church look at train station and then up the street at the Royal Palace in the distance. This street, Karl Johans Gate, is a parade route on Norway's Independence Day. On down the street just past the Freia shop (Norway's oldest best chocolate shop) is the Grand Hotel where Nobel Peace Prize winners sleep. Pop inside the Grand Café to see the mural at the back of the café showing Norway's literary and artistic clientele, Don't miss Edvard Munch on the right. Back to City Hall for a tour and every December 10, the central hall is the building is where the Nobel Peace Prize is presented each year. A guided 50 minute tour is offered at 14 hour each day. Free WC and a wonderful cafeteria is downstairs for lunch.

Day 3 - June 18, 2019 - Tuesday -we will do the hop on - hop off bus stopping at Frogner Park with works by Norway's greatest sculptor,Gustav Vigeland. On to the Norwegian Resistance Museum and the Viking Ship Museum. If time permits, attend the Edvard Munch Museum and the Norwegian Holocaust Center. Not to be missed is the Norwegian Folk Museum with the Stave Church.

Day 4, June 19, 2019 - Wednesday - Take the Oslo Bergen Train (8:25am) arrive in Myrdal at (1:00 pm)-From Myrdal, take Flamsbana train to Flam, said to be one of the most beautiful train journeys that winds down to Flam through 20 tunnels in 55 Minutes, surrounded by steep mountains, thundering waterfalls and emerald green valleys. Tiny Flam clings to the innermost point of Sognefjord, Europe's longest and deepest fjord. Spend the night in Flam.

Day 5, June 20 , 2019 - Thursday - We will take the Flam - Gudvangen Fjord 2 hour Cruise up the lovely Aurlandsfjord and the Naeroyfjord; both fingers of Sognefjord. We will disembark at Gudvangen where we will board a bus that will take us to Voss where we will board the train to Bergen. We will spend the night in Bergen

Day 6 - June 21, 2019 - Friday - Bergen has a rich sea trading heritage. Bergen has an average of 80 inches of rain a year. The natives are not apologetic about their lousy weather. We will take a 90 minute walking tour of the historic Hanseatic district and learn about 900 years of Bergen History. Bergen's old German trading center was called "The German wharf until World War II and now is just called the Wharf. From 1370 to 1754 the German merchants controlled Bergen's trade. In 1550, it was a German city, walled and surrounded by 8,000 Norwegians. We will explore the Hanseatic Museum and the Bergem Museum.

Day 7 - June 22, 2019 - Saturday - with a stop at St. Mary Church then on to Theta Museum that highlights the resistance movement during Nazi occupation in World War II. In the afternoon we will take the Flaibanen, Bergen's popular funicular climbs 1,000 in 7 minutes for a stunning view of the town, the surrounding islands and Fjords all the way to the west coast.

Day 8, June 23, 2019- Sunday - off to the Leprosy Museum that dates back to about 1700. Up until the 19th century, as much as 3% of Norway's population had leprosy. This hospital -was once called "a graveyard for the living". To round out the day, we will take a bus to a Stave Church and then to the home of Edvard Grieg, Norway's greatest composer. He spent 22 years here composing many of his greatest works. Grieg fused simple Norwegian folk tunes with Europe's Romantic style.

Day 9, June 24, 2019 - Sunday - fly home